

**These works or activities mentioned below are not born of GOD, and it is good to become truly aware of this, even though free will exists.**

In a world where influence is often subtle yet profound, it is essential to recognize that the human mind can be shaped—for better or for worse. Without even committing a direct act, we may encourage, normalize, or nurture dynamics that either uplift or degrade. This is why some traditions invite us not to take part in unfruitful works, not as a rigid prohibition, but as a call to awareness. From this perspective, certain sports based on confrontation, domination, or intense rivalry may, depending on how they are practiced or perceived, fuel tension or division, such as boxing, karate, judo, Swiss wrestling, freestyle wrestling, Greco-Roman wrestling, taekwondo, Muay Thai, kickboxing, MMA, Brazilian jiu-jitsu, but also collective or competitive disciplines such as rugby, American football, ice hockey, handball, football (soccer), as well as symbolic or simulated forms of confrontation like fencing, kendo, poorly supervised racing activities of all kinds, paintball, or airsoft—and many more could still be added. One may also mention, lastly, certain passions or activities that raise ethical debates or disputes over rules and practices, such as hunting and fishing. The point is not to condemn these activities in themselves, but to invite each person to develop inner discernment: to choose what builds rather than what divides, what brings peace rather than what stirs conflict. To advise wisdom is simply to remind that our choices, even those that seem insignificant, contribute to the moral atmosphere we create around us.

In the same way that some artists invoke God or sing about love with a fervor worthy of a great sermon... while carefully neglecting to apply even a single note of it in their daily lives, a question may be asked with a gentle smile: what becomes of the money collected in the name of such beautiful words? Is it truly the fruit of a blessing... or simply the result of very effective spiritual marketing? And what about our brothers and sisters in Jesus Christ, sincere for many, yet sometimes carried into a system where faith has become professionalized over the centuries, giving rise to a multitude of “employees of the sacred”? For it must be admitted, it is often easier to sing about the light than to walk humbly in it. And if grace were measured by one’s wallet, then some would already be canonized... by credit card, with a monthly subscription and optional blessings.

**The Gospel according to Matthew 25:40 (and 25:45):**

“Truly I say to you, as you did it to one of the least of these my brothers, you did it to me.” (Matthew 25:40, ESV)

“Truly I say to you, as you did not do it to one of the least of these, you did not do it to me.” (Matthew 25:45, ESV)

- **Context (Matthew 25:31–46):** This is the parable of the Final Judgment, contrasting the “sheep” (the righteous) with the “goats” (the condemned).
- **The Actions:** Feeding the hungry, giving drink to the thirsty, welcoming the stranger, clothing the naked, visiting the sick and those in prison.
- **Meaning:** Jesus fully identifies Himself with the poor, the suffering, and the marginalized (“the least”). Helping them is considered a direct act of faith and love toward Christ Himself.
- **Reciprocity:** Verse 45 highlights the reverse: failing to act toward the least is also failing to act toward Christ.